

Q. What is Rensa?

A. Rensa is a daily defense in a toxic world. By cleansing chemicals and contaminants at a cellular level, Rensa balances the body's systems for a new level of overall wellness. With daily use, this whole-body cleanse improves digestion and regularity so you can live life pure.

Q. What is the recommended time to take Rensa?

A. VÍSI recommends two different regimens depending on the desired results: For a whole-body cleanse: take two capsules three times per day with a meal over ten days. For body maintenance: take two capsules per day with a meal.

Q. What are the benefits of a whole-body cleanse?

A. Our modern world is a toxic one which overloads our bodies with harmful chemicals and contaminants every single day. A whole-body cleanse will help eliminate the problems of toxin overload by eliminating these chemicals and contaminants from the body's cells, tissues, and organs. By cleansing your system of these overloaded toxins, Rensa contributes to a wide array of health benefits.

Q. What are the benefits of body maintenance?

A. Body maintenance continually cleanses the body from harmful contaminants to maintain nutrient absorption to aid proper digestion on a daily basis. The body maintenance regimen should be followed after completing a whole-body cleanse for ongoing, optimal results.

Q. What are the benefits of Rensa?

A. Powerful ingredients in Rensa such as psyllium husk, cayenne pepper, and marshmallow root help eliminate toxins and protect against a wide range of harmful contaminants. Our unique enzyme digestive blend ensures more nutrients will be assimilated, allowing your body to achieve optimal performance. Rensa also combines 28 herbs, fruits, and vegetable extracts to support your natural cleansing process. As the body begins to be cleansed and eliminate toxins, it also begins to shed the unwanted fat cells that have been storing these toxins. Cleansing with Rensa can support virtually every major organ and body system for enhanced overall wellness.

Q. What enzymes are in Rensa?

A. Rensa features DigeSEB® Enzyme blend. This unique digestive enzyme blend combines protease, amylase, lipase, cellulase, and lactase, which help you break down proteins, fats, carbohydrates, and dairy products, helping to decrease gas and bloating.

Q. At what age can someone start using Rensa?

A. Rensa is formulated for adult (18+) use.

Q. Can pregnant or nursing mothers take Rensa?

A. Although the ingredients in Rensa are considered safe, it is always best to consult your physician if you are pregnant or nursing.

Q. Why am I experiencing gas, bloating, and diarrhea while on Rensa?

A. Gas, bloating and diarrhea can happen when taking Rensa. Your body is detoxing, so you may experience some gastrointestinal discomfort. If gastrointestinal discomfort persists, discontinue use.

Q. Why has my skin experienced changes while on Rensa?

A. Because your skin is the largest organ in your body, cleansing may cause changes as toxins are being eliminated through the skin. This is temporary. After cleansing, you will notice healthier and more youthful skin.

Q. What are Rensa's capsules made of?

A. Rensa uses gelatin capsules.