

NUTRITION FACTS

Lyfta

SUPPLEMENT FACTS

Serving Size: 1 Capsule
Servings Per Container: 30

Amount Per Serving	% Daily Value*
Chromium (as Chromium Niacinate)	500mcg 417%
Proprietary Scandinavian Gold Blend	108mg **
<small>Green Tea Leaf Extract, Coffea arabica Bean Isolate†, Caralluma fimbriata (aerial parts), Arctic Cloudberry (Rubus chamaemorus), Lingonberry, Garcinia Cambogia Extract</small>	
Lyfta Blend	379mg **
<small>L-Theanine, Green Tea Extract, L-Carnitine Pu'erh Tea Powder (Camellia sinensis)</small>	

* Percentage Daily Values are based on a 2,000 calorie diet.
** Daily Value not established. †Contains naturally occurring caffeine.

Other Ingredients: Gelatin, Magnesium Stearate, Silica.