

**Q. What is Energí?**

**A.** Energí is a powerful and refreshing drink mix that delivers sustainable natural energy without a “crash.” Shake up powerful refreshment with Energí for an energized mind and body.

**Q. What is the recommended serving size and time to take Energí?**

**A.** Energí can be taken at any time a dose of energy is needed. Simply mix one packet of Energí with 8-16 oz. of water.

**Q. Are there any artificial sweeteners used in Energí?**

**A.** No. Energí is sweetened with Stevia leaf, an all-natural calorie-free sweetener.

**Q. What are the benefits of Energí?**

**A.** Key ingredients within Energí quickly and effectively carry energy throughout the body by increasing blood flow. Additionally, Energí provides metabolic support, enhances energy in the brain, and helps our body adapt to physical and mental stress while enhancing oxygen utilization for faster recovery from exercise.

**Q. Does Energí contain maltodextrin?**

**A.** No, Energí does not contain maltodextrin.

**Q. Is Energí gluten-free?**

**A.** Yes, Energí is gluten-free.

**Q. At what age can someone start using Energí?**

**A.** Energí is formulated for adult (18+) use.

**Q. Can pregnant or nursing mothers take Energí?**

**A.** Though all ingredients are considered safe, Energí contains naturally occurring caffeine and is not recommended for pregnant or nursing mothers.